

# Book Now

September 26 - October 7 2022



# SCHOOL HOLIDAY PROGRAMS

in **KARATE**



Call **9831-7549**

[www.KempoRyu.com](http://www.KempoRyu.com)

Location: **Kempo Ryu Karate, 41 Third Ave., Blacktown NSW 2148**  
*(next to Woolworths AMPOL Petrol Station)*

**1 week \$240 or 2 weeks \$400**

**Monday, Wednesday & Friday - 9.00am – 4.00pm**

**September 26 - October 7, 2022**

**Open to non-members & existing member**

**Existing members may stay after 4.00pm to do their normal class**

**Bring your own Lunch and Water (drink)**

**Bring your own uniform (existing) and loose clothing for New (non-members)**

## **Schedule**

**Introduction to Karate training (kihon training)**

**Karate Movies**

**Kata Practice**

**Morning Tea, Lunch**

**Self Defence technique training, Anti Bullying training and confidence building**

*Cancellation Policy: Full Refunds are available up to Friday 16 Sept. '22, No refunds post this date.*

**More info: e | 02 9831-7549 e | Dojo@KempoRyu.com**

**Location: Kempo Ryu Karate, 41 Third Ave., Blacktown NSW 2148**  
*(next to Woolworths AMPOL Petrol Station)*