



29th Kempo Genbu Ryu

2024

KARATE & GRAPPLING CAMP

SUMMER
BEACH

23, 24 & 25 February

Wollongong Surf Leisure Resort 201 Pioneer Road Fairy Meadow NSW
All Bookings via Kempo Genbu Ryu

Camp with
a Grading &
training with
Kanchō Peter Mylonas
8th Dan,

Kobudo

Kempo Genbu Ryu

KATA

KUMITE

WEAPONS

BUDO TRAINING

PHYSICAL

TRAINING

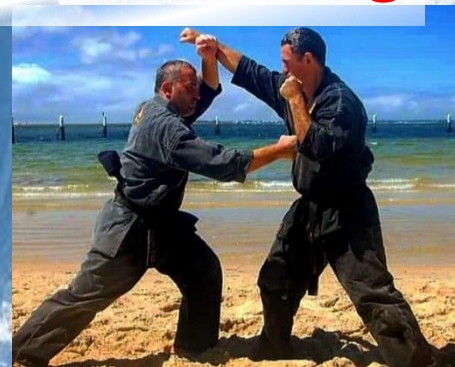
Grappling

Weekend of Budo Karate

Beach Training

All Ages

Kickboxing





29th Annual Kempo Genbu Ryu International Karate Summer Camp 2024

23, 24 & 25 February

Camp Address
Wollongong Surf Leisure Resort
201 Pioneer Road Fairy Meadow NSW

Camp Start Time

Friday 23rd - 5.00pm (formal bow in 6.30pm – for working people)

Camp End Time

Saturday 25th 3.00pm

OPEN TO ALL STYLES

You need to bring...

- Your own Breakfast
- Drinks (Plenty of Water)
- Running shoes
- Hat, Sunscreen, Beach Towel
- Lots of Spirit!

Kempo Genbu Ryu will provide...

- Morning tea (Sat/Sun)
- Lunch (Sat/Sun)
- Afternoon tea (Sat/Sun)
- Dinner Friday & Saturday Nights
- Lots of Karate!!!!!!

Bus Available - \$50 return trip



Departs Friday **Hombu Dojo** 2.30pm, **Chatswood Dojo** 3.45pm, **Earlwood Dojo** 4.45pm
(tentative times - to be reconfirmed closer to the Camp dates)

A CAMP WITH:

Kata Kumite Kobudo (weapons) Self Defence
Kickboxing Grappling Budo Training Physical Training Beach Training
Mental Training

Questions.....

Email: Dojo@KempoRyu.com or See your instructor at the Dojo
or call 02 9831 7549

