



28th Annual Kempo Ryu International Karate Summer Camp 2023

24, 25 & 26 February

Camp Address
Wollongong Surf Leisure Resort
201 Pioneer Road Fairy Meadow NSW

Camp Start Time

Friday 24th - 5.00pm (formal bow in 6.30pm – for working people)

Camp End Time

Saturday 26th 3.00pm

OPEN TO ALL STYLES

You need to bring...

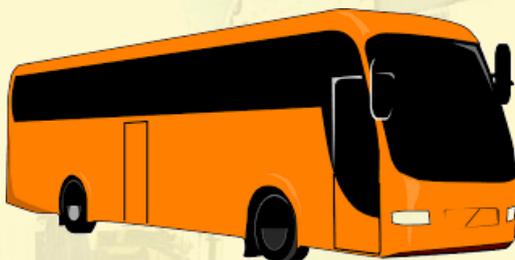
- Your own Breakfast
- Drinks (Plenty of Water)
- Running shoes
- Hat, Sunscreen, Beach Towel
- Lots of Spirit!

Kempo Ryu will provide...

- Morning tea (Sat/Sun)
- Lunch (Sat/Sun)
- Afternoon tea (Sat/Sun)
- Dinner Friday & Saturday Nights
- Lots of Karate!!!!!!



Bus Available - \$45 return trip



Departs Friday **Hombu Dojo** 3.00pm, **Chatswood Dojo** 3.45pm, **Earlwood Dojo** 4.45pm
(tentative times - to be reconfirmed closer to the Camp dates)

A CAMP WITH:

Kata Kumite Kobudo (weapons) Self Defence
Kickboxing Grappling Budo Training Physical Training Beach Training
Mental Training

Questions.....

Email: Dojo@KempoRyu.com or See your instructor at the Dojo
or call 02 9831 7549



28th Kempo Ryu

2023

KARATE SUMMER BEACH

CAMP

24, 25 & 26 February

Wollongong Surf Leisure Resort 201 Pioneer Road Fairy Meadow NSW

Camp with a Grading & training with Peter Mylonas 7th Dan, Kancho

Kobudo

Karate Kempo Ryu

KATA

KUMITE

WEAPONS

BUDO TRAINING

PHYSICAL

TRAINING

Self-Catering Cabins – great for Families

Weekend of Budo Karate

Beach Training



Kickboxing



All Ages



拳法流